

Manual

Boldkanonen må kun betjenes af en voksen. Læs vedlagte grundigt. Er du i tvivl skal du tage kontakt til medlem af bestyrelsen.



WARNING

- Never stand in front of operating unit.
- Never look down barrel.
- Never operate when machine is wet.
- Never open machine while it is plugged in.
- Never aim machine at a person.
- Never place anything but tennis balls in the machine.

**IF THESE WARNINGS ARE NOT FOLLOWED,
GRIEVOUS BODILY INJURY OR DEATH MAY RESULT**

Place your LOBSTER two feet behind the center of the baseline on the opposite side from the user.

LOBSTER is designed with an ON/OFF toggle switch located at the base of the unit by the power cord. A second toggle switch provides you with three options: Horizontal Oscillation, Vertical & Horizontal Oscillation or No Oscillation. Horizontal oscillation will randomly shoot balls from sideline to sideline. Vertical & horizontal oscillation will randomly shoot balls from sideline to sideline and from the baseline to the net. No oscillation will position the ball in one place repeatedly.

In order to properly employ this option, remove all the balls and turn on the oscillator. You will notice the canon rise and drop – wait until it reaches its lowest point and turn the oscillation off. Now adjust the chain so the ball just clears the net. It's imperative that you use the 12" medium tube to allow for the ideal ball pattern.

Ball Speed

Each machine comes with Shot Selectors that control ball speed. Insert the pin end into the keyed slot at the mouth of the machine and turn clockwise to lock into position.

21" Shot Selector: Equipped with a sliding clear plastic outer sleeve, adjusts the speed by covering and uncovering a series of holes. For maximum ball speed, cover all the holes. For minimum ball speed, uncover all the holes. For reduced ball speeds, remove Shot Selector.

3" Shot Selector is used primarily for lobs, overheads, and reduced ball speed.

12" Shot Selector is designed specifically for use with the 401's horizontal & vertical oscillation for accurate ball placement within the court.

Shot Height

A small length of chain located above the Shot Selector base adjusts the shot height. Move the chain link through the keyed slot to the desired elevation.

Spin Adapter

Attach the Spin Adapter to the end of the Shot Selector tube to affect a heavy topspin, underspin or sidespin. For topspin place the spring at 12 o'clock, for underspin place the spring at 6 o'clock and sidespin at 3 or 9 o'clock. Secure by tightening clamp.

Groove Your Shots

Select a shot you need to practice, position the machine, and return the balls over and over with the same stroke or alternate strokes, e.g. forehand/back hand.

Cardio Madness

Turn on the oscillation and set the machine to give a bouncy mid-court ball at 3-second intervals. Work on your footwork and recovery time.

Mini Tennis

Slow down ball speed and position ball in the forecourt. Try to return balls into the opposite forecourt. Add horizontal oscillation to increase difficulty.

Target Practice

Place target (2 square feet) in a service court corner. Attempt to strike the target. Keep track of number of successful hits. To increase the challenge, switch on oscillation.

Alternative: Place 5 targets on court, 3 at baseline, 2 at corners of the service boxes. With oscillation on, hit a different target with each ball.

Alley Tennis

Position ball machine in back alley; try to return all shots within the alley.

Match Timing

Using the pneumatic remote control play for 30 seconds, turn off, and serve two balls. Repeat until the hopper is empty.

LOBSTER Smash!

Set machine to Lob by elevating the 3" shot selector to its highest position and adjust time caps to 6 or 12 seconds. Place 3 targets close to the baseline. Stay in the backcourt. After each shot, run and touch the net, while repositioning yourself in time for the next shot. Aim at each target, one after the other with a smash.